

**MEDICAL INFORMATION**

In the event of illness or injury requiring treatment, hospitalization and/or surgery, family medical insurance must be used. The Performance camps do not provide medical insurance for participants.

**HEALTH AND LIABILITY FORM**

Participant's name: \_\_\_\_\_

Parent/Guardian's name \_\_\_\_\_

Street Address \_\_\_\_\_

Home phone number \_\_\_\_\_

Emergency phone number \_\_\_\_\_

List any physical conditions that the Performance staff or a physician should be aware of (i.e. allergies, reoccurring illnesses, disabilities, chronic illnesses etc).

In case of injury, I understand I will be contacted during the child's examination in the emergency department. If I am not available please contact:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Insurance Co: \_\_\_\_\_ Subscriber Name: \_\_\_\_\_

Subscriber ID#: \_\_\_\_\_ Plan #: \_\_\_\_\_ Group#: \_\_\_\_\_

In the event that I am unavailable for purposes of providing parental consent, I hereby authorize the Performance camp staff at the host facility ( Main Street Armory LLC), or a physician to provide such hospital care that provides the proper procedures and treatments as pertain to my child's situation. I understand that the consent and authorization does not include major surgical procedures and is valid only during the time my child is participating in the Performance camp.

I understand that neither the Performance camp staff nor the Main Street Armory LLC provides medical insurance for participants, and in the event that treatment, hospitalization and/or surgery is needed, our family insurance shall be used. I further represent that such insurance is in effect during my child's participation in the Performance camp.

I hereby waive and release the Performance camps, staff and the Main Street Armory LLC from any and all liability for any injuries incurred by my child while attending camp.

PARENT SIGNATURE \_\_\_\_\_ Date \_\_\_\_\_



**PERFORMANCE VOLLEYBALL CAMP  
FOR BOYS  
2024**



Check us out at:

[www.performancevolleyballcamps.weebly.com](http://www.performancevolleyballcamps.weebly.com)

**For boys entering grades 7-12**

**JULY 15<sup>th</sup> - JULY 19<sup>th</sup>**

**9:00 AM-3:00 PM**

**AT THE MAIN STREET ARMORY**

**900 Main Street Rochester N.Y.**

## ABOUT THE CAMP

- Are you looking for a high intensity, quality volleyball camp at a reasonable price?
- Are you looking to improve your game for the up-coming season?
- Are you interested in taking your game to the next level?

## THEN THE PERFORMANCE VOLLEYBALL CAMP IS FOR YOU!

Our camps are designed to provide the player with the optimum opportunity to learn, refine and develop their game, taking it to the next level. Under the guidance of highly successful coaches and players from around Section V and from the collegiate level, **YOU** can reach the next level! The 5 day camp will be high intensity, high level learning directed to help each player to *take that next step*. Players will be grouped according to ability and then given concentrated teaching to push each player at their own developmental speed. **This camp is NOT just a play camp...we emphasize skill development while competing.**

### CAMP INFORMATION:

**Camp dates: JULY 15th-19th**

**Times: 9:00AM-3:00PM**

**“What else do I get for my enrollment cost?”**

**-Limited Edition Long Sleeve Dry Fit Shirt( New Design 2024 )  
The Camp Hoodie ( New design 2024) Molten Pro Touch Volleyball  
Molten Flistatec Volleyball,  
or a Mens cut off tee shirt (New design 2024).**

- An opportunity to compete for prizes ( volleyballs, logo shirts, etc. )

## REGISTRATION FORM

Participant's name \_\_\_\_\_ Check # \_\_\_\_\_  
Participant's age \_\_\_\_\_

**E-mail address (\*Required):** \_\_\_\_\_

You must put your email to prevent a delay in confirmation to the camp

<b>Tee shirt size: (circle one: S M L XL) All campers receive this</b>		
<b>Please check off ONE gift (see website for more details)</b>		
<input type="checkbox"/>	Long Sleeve Dry Fit Shirt (Redesigned for 2024)	S M L XL
<input type="checkbox"/>	Hoodie (Redesigned for 2024)	S M L XL
<input type="checkbox"/>	Camp Tank top (Redesigned for 2024)	S M L XL
<input type="checkbox"/>	Molten Pro Touch Volleyball	
<input type="checkbox"/>	Molten NCAA Men's Flistatec ball	

**Camp dates: JULY 15th-19th**

**Before May 15<sup>th</sup> : 225.00 ( Early bird special )**

**After May 15<sup>th</sup> : 235.00**

*\* Payment due in full with registration Note: There are no partial refunds*

*\* There is a 50 dollar cancellation fee*

*\* No refund will be given for any cancellation within 21 days of the start of the camp.*

*\* No refund shall be issued for any medical condition that occur the during camp, during the refund time period or occurring outside of camp hours.*

*Make Check out to Mike Fusare*

**Mail payment + Registration/Health form to:**

Michael Fusare

6 Chamberlain Road

Honeoye Falls NY 14472

**Questions?**

Phone # 585-749-3161

E-mail fusarem@gmail.com

**NOTE: All information must be filled out on both sides for the child to participate!!**

### OTHER INFORMATION

Parent by signing this form agrees to assume full responsibility for any damages to property as a result of my child's actions while at camp. Parent also agrees to reimburse

the Main Street Armory LLC for said damages. The Performance Volleyball camps and the Main Street Armory LLC are NOT responsible for lost or stolen items. Lunch is not provided, please bag a lunch for the break.

Parent signature \_\_\_\_\_ Date: \_\_\_\_\_

## THE COACHING STAFF

### **MIKE FUSARE**

Penfield Boys Varsity Volleyball Coach  
Founder and Director of the Performance Volleyball Camps  
Head Coach, Local Boys Varsity Volleyball program, 1995-2022 484-108 record  
Overall record 504-128  
2016, 2017, 2021 NY State Champions  
NYS Regional Champions 2009, 2016, 2017, 2021  
Class A Section V champions 2000, 2006, 2007, 2008, 2009, 2016, 2017, 2020, 2021  
Class A Section Finalist 2004, 2005, 2012, 2014, 2015  
MC Division I Champions 1998, 2000, 2002, 2004, 2005, 2007, 2008, 2009, 2015, 2016, 2017, 2019, 2020, 2021  
Career Record 482-108  
1998, 2000, 2003, 2011, 2014, 2015, 2016, 2017 Class A Coach of the Year  
2007, 2011, 2016, 2017, 2021 AGR Coach of the Year

### **EVAN INGERICK**

Member 2020 Class A Champion Penfield  
Setter St John Fisher college

### **PARKER JACKSON**

Member 2020, 2021 Section V Class A champion Penfield  
Member 2021 NY state champion Penfield  
2021 Penfield Co-MVP

### **CARTER DITTMAN**

Current Member Division I Penn State Men's team  
2021 AGR Member for Fairport

### **WILL KIRCHHOFF**

Member 2021 NYS Champion Penfield  
2021 NY State MVP  
2021 AGR member  
1<sup>st</sup> team all county Penfield  
Member Springfield Men's volleyball

### **MATT KARPEN**

Member 2020, 2021 Section V Class A champs  
Member 2021 NYS Champion Penfield  
1<sup>st</sup> team all county Penfield

**MORE COACHES BEING ADDED!!!**

## THE COACHING STAFF

### **RICH NEWTON**

West Irondequoit Boys Varsity Coach 2010-2015  
Penfield Girls Varsity head coach 2019-present  
Director of the Hot Shots Volleyball club 2016  
Former Head Coach Pace 16-1s ranked nationally  
2014 Class B Coach of the Year  
2014 Class B Finalist  
Collegiate player at Division II Lees McCrae College  
Member of 1998, 2000 Class A Division II champion Penfield  
Member of 2000 Class A Section V champions Penfield

### **SAM LANE**

Member DI St Francis U  
3 time AGR member  
4 time 1<sup>st</sup> team All county member  
2 time Section V champion with Spencerport

### **DAHNNY ROGERS**

Former 1<sup>st</sup> team All county player-Penfield  
Former Monroe county Libero of the year  
Former player at DIII Rivier College

### **AARON AUSTIN**

Head Coach, Spencerport Boys Varsity 2006-present  
Director of the Hot Shots boy's Volleyball club  
Class B Coach of the Year 2016, 2013, 2016, 2017, 2020, 2021, 2022  
NYS State Finalist 2016, 2017, 2021, 2022, 2023  
Section V Class B Champions 2016, 2017, 2020, 2021, 2022  
Class B Finalist 2013, 2015

Nazareth College Assistant coach 2014-2015

### **FRANK CLARK**

Former Head Coach Victor Boys Volleyball  
Former Head Coach Fairport Girls Varsity  
Current Head Coach Penfield Boys Junior Varsity  
Head Coach Pace 18-1s 2017  
Coaching clinician in local boys camps

**MORE COACHES BEING ADDED!!!**

## CAMP OVERVIEW

Players that attend the Performance Volleyball Camp will come away with a greater, more complete understanding of not only the skills of the game, but of what it takes to compete at the next level. The staff of the Performance camp is composed of coaches that not only know how to teach, but how to compete. During their 25 hours of training and competing, the participants will be exposed to a variety of teaching techniques as well as innovative types of competition. These are NOT repetition driven, grind it out camps, nor are they just play all the time camps, rather they are an up beat, positive learning experience.

**ASK ABOUT OUR SIBLING DISCOUNT!**



Typical day ( excluding a portion of day #1 & day #5 for skill evaluation and closing activities )

- 9:00-9:10 Warm up
- 9:10-9:20 Competitive warm up
- 9:20-9:30 Skill #1 demonstration
- 9:30-10:00 Work within levels + Competitive drill work
- 10:00-10:15 Skill #2 demonstration
- 10:15-10:55 Skill work within levels + Competitive drill work
- 10:55-11:55 Wash drills applying Skills 1+2
- 11:55-12:55 Lunch Break
- 12:55-1:10 Competitive warm up
- 1:10-1:30 Review and apply skills 1 & 2 in competitive drills
- 1:30-1:50 Team concept #1
- 1:50-2:15 Apply concept in wash drill
- 2:15-2:25 Team concept #2
- 2:25-2:55 Apply team Concept # 2
- 2:55-3:00 Cool down

*For more information and pictures of the gifts go to [www.performancevolleyballcamps.weebly.com](http://www.performancevolleyballcamps.weebly.com)*