

MEDICAL INFORMATION

In the event of illness or injury requiring treatment, hospitalization and/or surgery, family medical insurance must be used. The Performance camps do ***not*** provide medical insurance for participants.

HEALTH AND LIABILITY FORM

Participant's name: _____

Parent/Guardian's name _____

Street Address _____



Home phone number _____

Emergency phone number _____

List any physical conditions that the Performance staff or a physician should be aware of (i.e. allergies, reoccurring illnesses, disabilities, chronic illnesses etc).

In case of injury, I understand I will be contacted during the child's examination in the emergency department. If I am not available please contact:

Name: _____ Phone: _____

Physician: _____ Phone: _____

Insurance Co: _____ Subscriber Name: _____

Subscriber ID#: _____ Plan #: _____ Group#: _____

In the event that I am unavailable for purposes of providing parental consent, I hereby authorize the Performance camp staff at the host facility (Main Street Armory LLC), or a physician

to provide such hospital care that provides the proper procedures and treatments as pertain to my child's situation. I understand that the consent and authorization does not include major surgical procedures and is valid only during the time my child is participating in the Performance camp.

I understand that neither the Performance camp staff nor the Main Street Armory LLC provides medical insurance for participants, and in the event that treatment, hospitalization and/or surgery is needed, our family insurance shall be used. I further represent that such insurance is in effect during my child's participation in the Performance camp.

I hereby waive and release the Performance camps and the Main Street Armory LLC from any and all liability for any injuries incurred by my child while attending camp.

PARENT SIGNATURE _____ Date _____

PERFORMANCE VOLLEYBALL CAMPS FOR GIRLS 2024



For girls entering grades 7-12

Check us out at:

www.performancevolleyballcamps.weebly.com

July 22nd - July 26th

July 29th-August 2nd

Main Street Armory

9:00AM-3:00PM

REGISTRATION FORM

ABOUT THE CAMP

- Are you looking for a high intensity, quality volleyball camp at a reasonable price?
- Are you looking to improve your game for the up-coming season?
- Are you interested in taking your game to the next level?

THEN THE PERFORMANCE VOLLEYBALL CAMP IS FOR YOU!

Our camps are designed to provide the player with the optimum opportunity to learn, refine and develop their game, taking it to the next level. Under the guidance of highly successful coaches and players from around Section V and from the collegiate level, **YOU** can reach the next level! The 5 day camp will be high intensity, high level learning directed to help each player to *take that next step*. Players will be grouped according to ability and then given concentrated teaching to push each player at their own developmental speed. **This camp is *NOT* just a play camp...we emphasize skill development while competing.**

CAMP INFORMATION:

Camp dates: Camp I JULY 22-26, Camp II JULY 29-AUG 2
Times: 9:00AM-3:00PM

“What do I get for my enrollment cost?”

- Limited Edition Long Sleeve Dry Fit Shirt (New Design 2024)*
- The Camp Hoodie (New design 2024), A Molten Soft Touch Volleyball, Shortsleeve Dry fit (New Design 2024)*
- *or a Women’s Tank Top (New design 2024).*

- An opportunity to compete for prizes (volleyballs, logo shirts)

Participant’s name _____

CHECK # _____

EMAIL _____ Participant’s age _____

(*E-mail required for confirmation letter)

Regular Camp tee (ALL CAMPERS RECEIVE THIS)	S M L XL
Please check off ONE gift PER CAMP (see website for more details)	
Long Sleeve Dry Fit Shirt (NEW design for 2024)	S M L XL
Hoodie (NEW design for 2024)	S M L XL
Short Sleeve Dry Fit Shirt (NEW design for 2024)	S M L XL
Women’s Tank top (NEW design for 2024)	S M L XL
Molten Soft Touch Volleyball	

(Ask about our two camp rates!)

July 22nd-26th _____ July 29th-Aug 2nd _____

Before May 15th: \$225.00 (Early bird special)

After May 15th: \$235.00

*** Payment due in full with registration. There is a 50 dollar cancellation fee**

*** No refund will be given for any cancellation within 21 days of the start of that camp.**

*** There will be a 10 dollar charge to transfer to any of the other Performance camps. The transfer request must be made at least 14 days prior to camp NOTE: There are NO partial refunds**

*** No refund shall be issued for any medical condition that occur the during camp, during the refund time period or occurring outside of camp hours.**

Make checks or money orders payable to: Mike Fusare

Mail payment + Registration/Health form to:

Michael Fusare

Questions?

6 Chamberlain Road

Phone # 585-749-3161

Honeoye Falls NY 14472

E-mail FusareM@gmail.com

NOTE: All information must be filled out on both sides for the child to participate!!

OTHER INFORMATION

Parent by signing this form agrees to assume full responsibility for any damages to property as a result of my child’s actions while at camp. Parent also agrees to reimburse the Main Street Armory LLC for said damages. The Performance volleyball camps and Main Street Armory LLC are NOT responsible for lost or stolen items.

Lunch is not provided, please bag a dinner for the break.

Parent signature _____ Date _____

THE COACHING STAFF

MIKE FUSARE

28 years as a Varsity Volleyball Coach locally
Founder and Director of the Performance Volleyball Camps
Former Head Coach, Local Boys Varsity Volleyball program, 1995-2023

Former girls Varsity coach
504-128 career record
2016, 2017, 2021 NY State Champions
NYS Regional Champions 2009, 2016, 2017, 2021
Class A Section V champions 2000, 2006, 2007, 2008, 2009, 2016, 2017, 2020, 2021
Class A Section Finalist 2004, 2005, 2012, 2014, 2015

MC Division I Champions
1998,2000,2002,2004, 2005, 2007, 2008, 2009, 2015, 2016, 2017, 2019, 2020, 2021
1998, 2000, 2003, 2011, 2014, 2015, 2016, 2017 Class A Coach of the Year
2007, 2011, 2016, 2017, 2021 AGR Coach of the Year

**MORE COACHES
BEING ADDED!!**

BETHANY BOWE

Lyons Girls varsity coach-
2022- present
2023 Coach of the year,
Lyons
Victor girls JV coach 2013-present
Former coach Canandaigua state champions 2003,2009
Former 1st team All state player

MATT KARPEN

Member 2021,2022 Section V champion Penfield
Member 2022 NYS State champion Penfield

ANDREW LUDWIG

Member 2020,2021 Section V Class A champion Penfield
Member 2021 NY state champion Penfield
2021 Fall AGR player of the year

SAM LANE

Division 1 Saint Francis University player 4-time All-County player Spencerport
3-time All Greater Rochester member
2-time Sectional Champion Spencerport
2021 State Runner up

THE COACHING STAFF

CARTER DITTMAN

Current Member Division I Penn State Men's team
2021 AGR Member for Fairport

RICH NEWTON

Penfield Girls Varsity Coach 2021-present
2020 AGR coach of the year
2020, 2021, 2022 Class A finalist
Former Director of the Hot Shots Volleyball club 2016-present
2014 Class B Coach of the Year
2014 Class B Finalist
Collegiate player at Division II Lees McCrae College
Member of 1998, 2000 Class A Division II champion Penfield
Member of 2000 Class A Section V champions Penfield

WILL KIRCHHOFF

Member of Springfield University Men's Team 2022-present
Member 2020,2021 Section V Class A champion Penfield
Member 2021 NY state champion Penfield

TESSA GROVER

Member of Nazareth Women's Volleyball team
2021 Empire 8 Rookie of the year
3 time 1st team All Empire Selection
2023 HM All American

FRANK CLARK

Former Head Coach Victor Boys Volleyball
Former Head Coach Fairport Girls Varsity
Current Head Coach Penfield Boys Junior Varsity
Head Coach Pace 18-1s 2017
Coaching clinician in local boys camps
Long time Penfield Performance camp coach

PARKER JACKSON

Member 2020,2021 Section V Class A champion Penfield
Member 2021 NY state champion Penfield

LINDSEY DEBONIS

Current coach at VolleyFX 16-1s
Played at Burnt Hills and St. John Fisher
3x Section 2 champion Burnt Hills, 3x State tourney appearances, Burnt Hills
4x Empire 8 Champion St. John Fisher
4x All Empire 8 selection St. John Fisher
All region selection St. John Fisher

CAMP OVERVIEW

DAILY SCHEDULE

Typical day (excluding a portion of day #1 & day #5 for skill evaluation and closing activities)

9:00-9:10 Warm up

9:10-9:20 Competitive warm up

9:20-9:30 Skill #1 demonstration

9:30-10:00 Work within levels +

Competitive drill work

10:00-10:15 Skill #2 demonstration

10:15-10:55 Skill work within levels + Competitive drill work

10:55-11:25 Wash drills applying Skills 1+2

11:25-12:30 Lunch Break

12:30-12:45 Competitive warm up

12:45-1:30 Review and apply skills 1 & 2 in competitive drills

1:30-1:50 Team concept #1

1:50-2:15 Apply concept in wash drill

2:15-2:25 Team concept #2

2:25-2:45 Apply team Concept # 2

2:45-2:55 Competitive 6 on 6 wash drill applying learned concepts

2:55-3:00 (Cool down)

For more information and pricing for the

SIBLING PRICING

go to www.performancevolleyballcamps.weebly.com

Players that attend the Performance Volleyball Camps will come away with a greater, more complete understanding of not only the skills of the game, but of what it takes to compete at the next level. The staff of the Performance camp is composed of coaches that not only know how to teach, but how to compete.

During the 25 hours of training and competing, the participants will be exposed to a variety of teaching techniques as well as innovative types of competition. These are NOT repetition driven, grind it out camps, nor are they just play all the time camps, rather they are an up beat, positive learning experience.

ASK ABOUT OUR SIBLING DISCOUNT!

30,000 Square foot Facility!!

